## Halifax Gym Schedule



Monday & Wednesday - Family Open Gym

**Time:** 6-830pm

**Age:** 15 years and under with parent or guardian \*Parent or guardian must remain on site\*

Tuesday & Thursday - Men's Open Gym

**Time:** 6-830pm **Age:** 16 years and up

\*MUST have valid ID to participate\*

Friday - Adult Volleyball Open Gym

Time: 6-830pm Age: 16 years and up

\*MUST have valid ID to participate\*

Saturday - Family Open Gym

**Time:** 9-11am

Age: 15 years and under with parent or guardian \*Parent or guardian MUST remain on site\*

Saturday - Women's Open Gym

Time: 1130am-230pm Age: 16 years and up

\*MUST have valid ID to participate\*

Sunday - Men's Open Gym

Time: 1-530pm

Age: 16 years and up

\*MUST have valid ID to participate\*

\*No outside basketballs allowed\*

\*Shirts required\*

\*No food or drink\*

Halifax Community Center 1023 Halifax Street Raleigh, NC 27604 919-996-6378





